

### *Things From Home*

It is usually very difficult for children to share things from home. It is much easier to teach a child to take turns with the toys we have here. If you are having a tough time getting out the door in the morning without something from home we suggest a stuffed animal for rest time or favorite book that the teacher could read to everyone.

Please do not send your child to the center with food or candy. The children are served breakfast, lunch, and snack each day. If you would like to provide a HEALTHY snack for your child's class, to celebrate a birthday or some other special occasion please choose from the following healthy snack list. **No nuts or peanut products please!!** Cheese, fresh fruit, yogurt, fresh vegetables, raisins/craisins are acceptable.